

Hi there!

As a part of your benefits, you have access to Wellbeats *Wellness*, which offers thousands of on-demand fitness, nutrition and mindfulness classes. You can access Wellbeats via our web portal or mobile app.

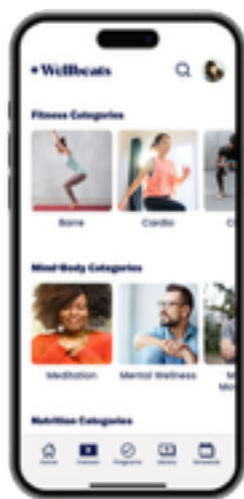
We wanted to give you a heads up about some exciting updates to the Wellbeats app! We've been busy making it faster, smoother, and easier to use.

Here's the scoop:

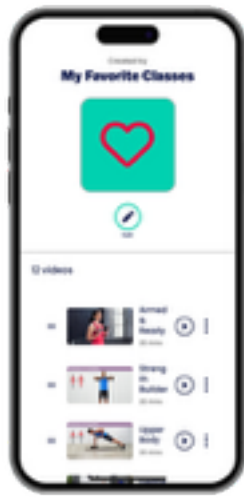
Speed Boost: The app is totally rebuilt for lightning-fast performance. Say hello to faster load times, increased responsiveness, and seamless video streaming!



Browsing Bliss: We've revamped the way you browse categories, classes, and programs. Finding what you need is a breeze with our new look and feel.



Curate your Wellbeats: Creating custom playlists just got easier with several user experience (UX) enhancements.



How you can access our updated app

If you already have automatic app updates turned on, you're good to go! Need to update manually? No problem, [here's how](#).

Note: You will be prompted to re-login to experience the app updates.

How to Get Started

Go to portal.wellbeats.com or download the Wellbeats app.

Forgot your password? [Follow these steps](#) to reset your password or contact support@wellbeats.com.

Questions?

Contact the Wellbeats member support team at support@wellbeats.com

Cheers,
The Wellbeats Team

 **Website Portal**

 **App Store**

 **Google Play**

New to Wellbeats *Wellness*, a product of LifeSpeak Inc.? [Watch this short video](#) for a sneak peek of what's included.

[Wellbeats Help Center](#)
[Contact Wellbeats Support](#)

LifeSpeak Inc.

