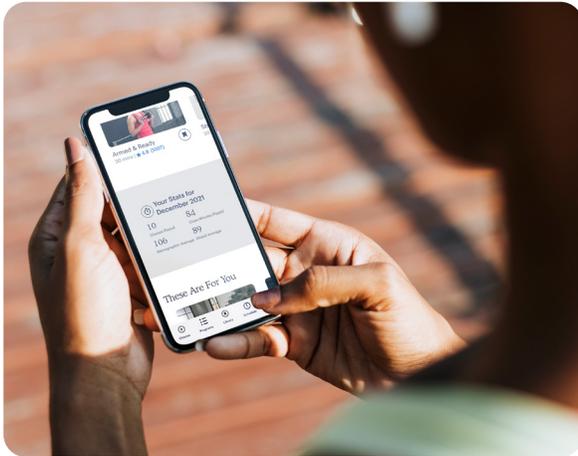




# Track Your Progress with Wellbeats



**Track your success and measure your progress in real time.** The “My Stats” feature includes a full summary of your results, including:

- Your total number of classes and class minutes played in the current month compared to your demographic and global averages
- Your total number of classes and class minutes played in the previous month
- Your total number of classes and class minutes played year to date
- And more!

You can even create a “custom watch report” to view how many classes and which classes you played in a specific period of time.

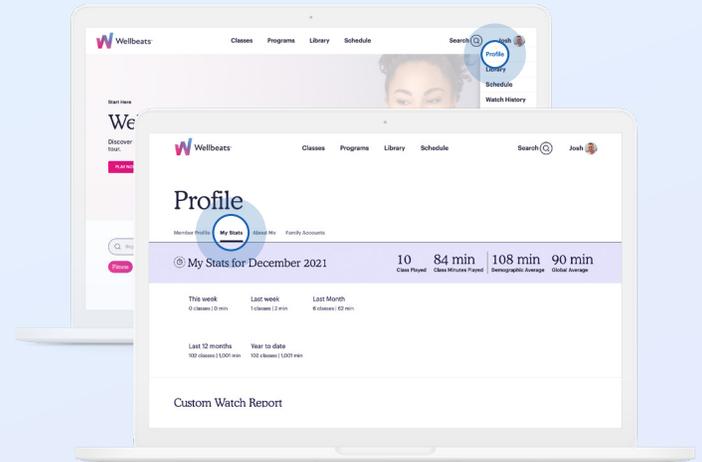


[portal.wellbeats.com](https://portal.wellbeats.com)  
[support@wellbeats.com](mailto:support@wellbeats.com)

## How to View Your Personal Stats:

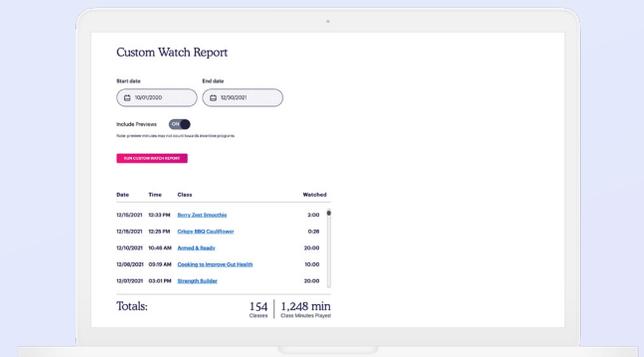
**Step 1:** In your Wellbeats account, select your name in the upper right corner, then choose “Profile”

**Step 2:** Select “My Stats”



Note: You can also navigate to “My Stats” on the Wellbeats homepage by selecting “My Stats for (Current Month and Year)”.

**Create Watch Report:** You can create your custom watch report by selecting a start and end date, then select “Run Custom Watch Report”.



Actual design and navigation may vary depending on your device.