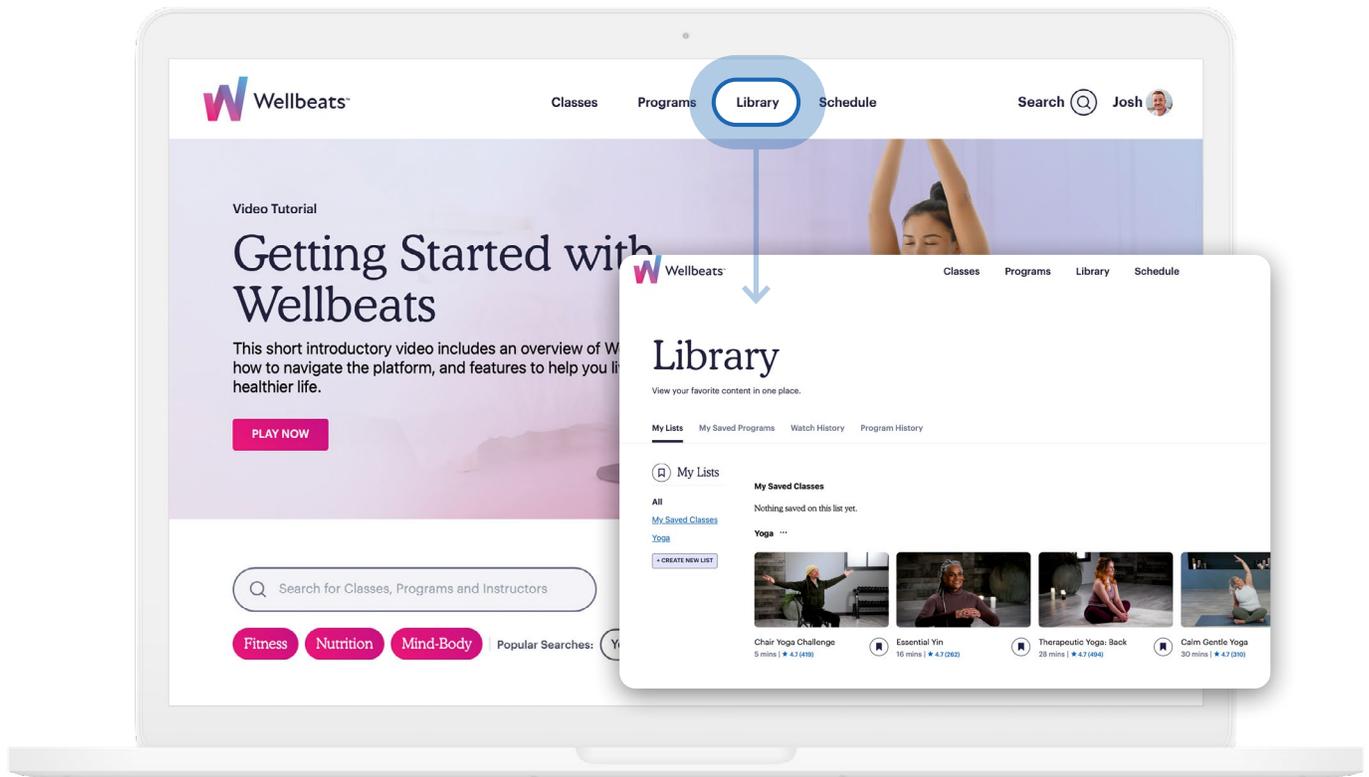




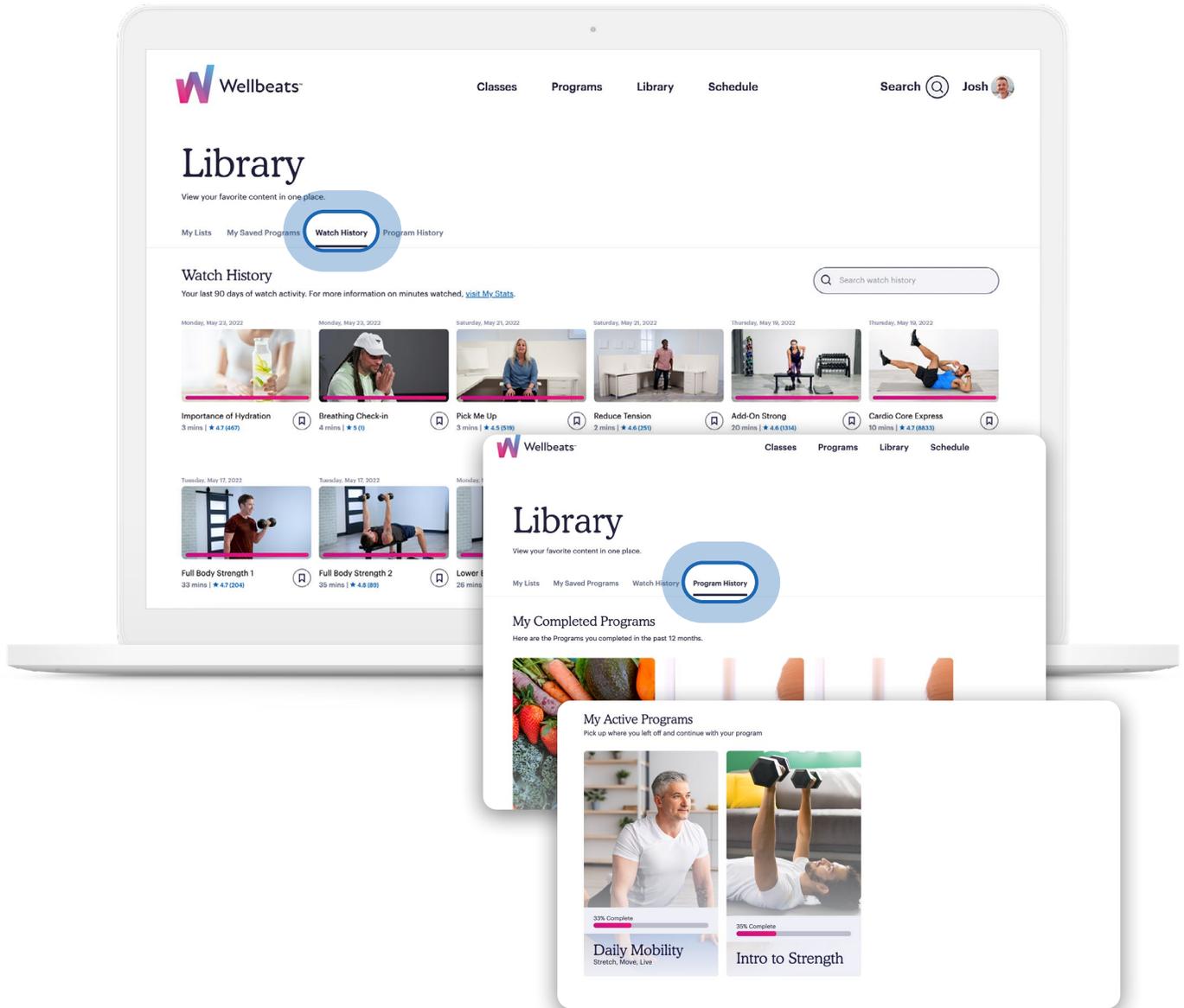
View All Your Favorites in One Place: **Wellbeats Library**

Find saved classes and programs, create custom lists, and view your class and program history

Select **Library** to view all your saved classes and programs. In your Wellbeats Library, you can create lists to organize and sort the classes you enjoy (example: "Cardio No Equipment List," "My Favorite Yoga List," or "Lunchtime Stretch Breaks").



Want to check back on a recent class or program you enjoyed? Under Library, select **Watch History** to view a full list of classes played in the last 90 days or **Program History** to view your completed or active programs.



How to Save a Class or Program:

Select the **Bookmark icon** on the lower right corner of a class or program tile.

To remove a saved class or program, select the Bookmark icon again. The Bookmark icon will no longer appear filled in.

Classes



Essential Yin
16 mins | ★ 4.7 (262)



Classes



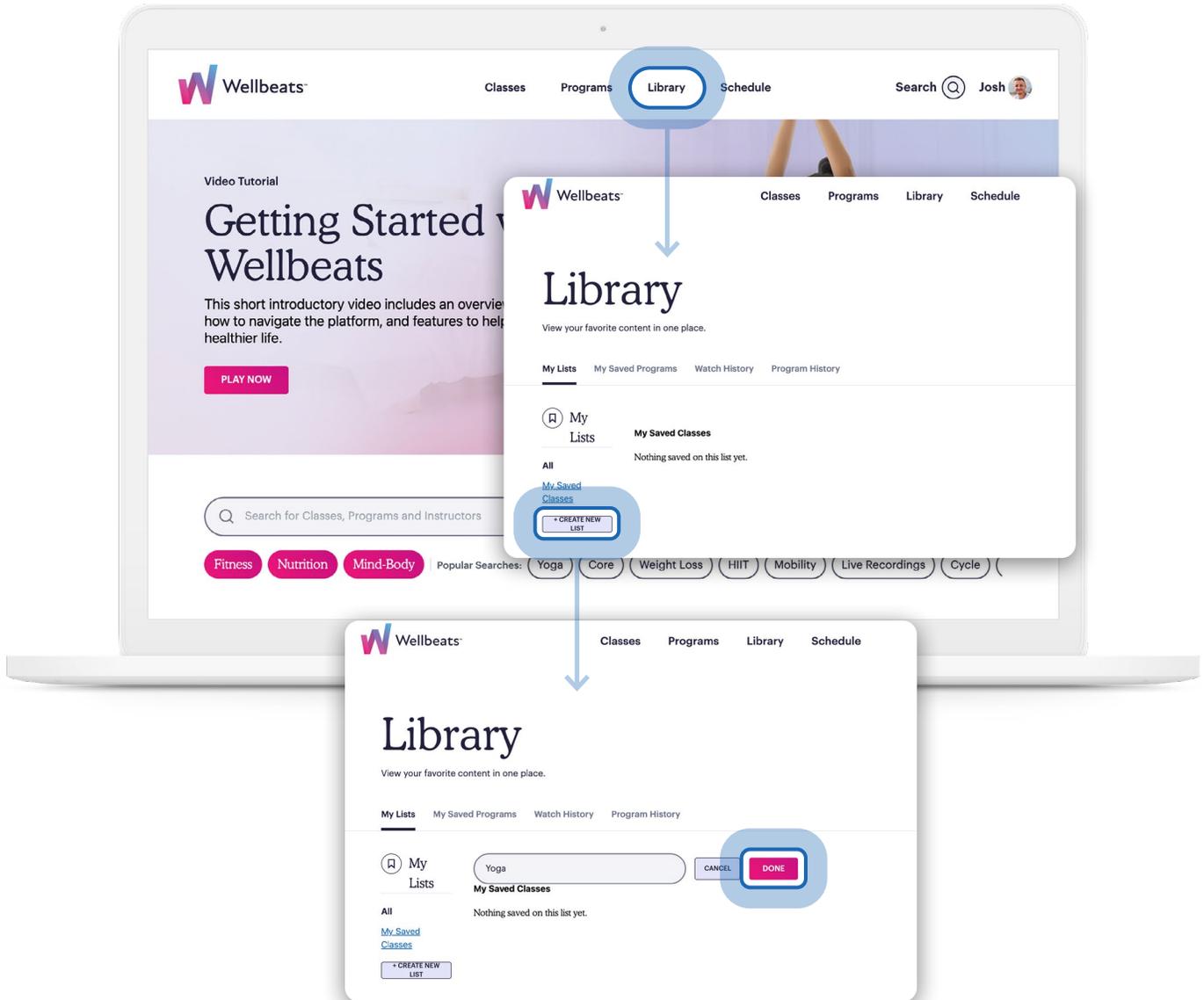
Essential Yin
16 mins | ★ 4.7 (262)



How to Create a Class List:

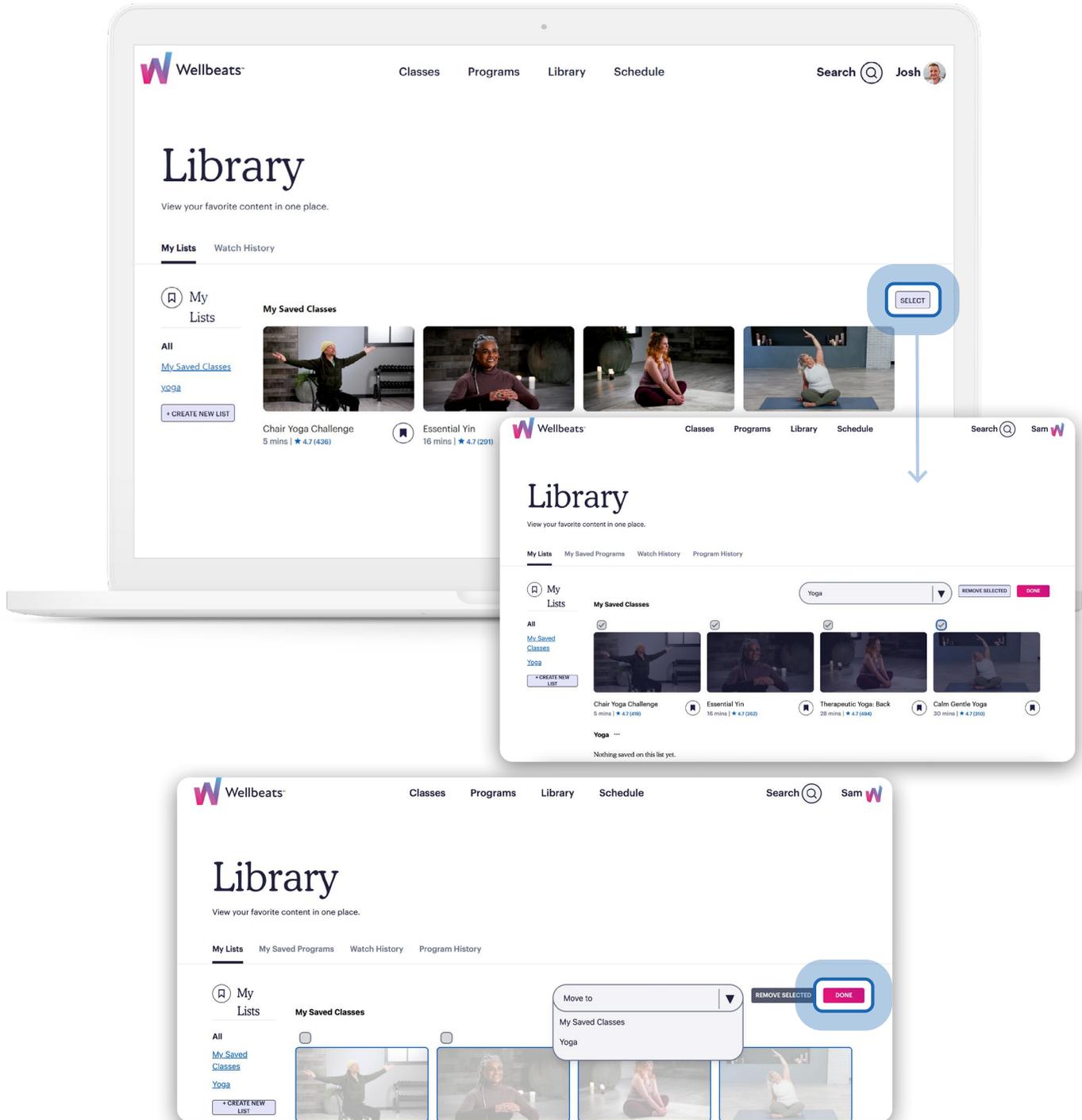
Select **Library**, then select **Create New List**.

Enter your preferred list name, then select **Done**.

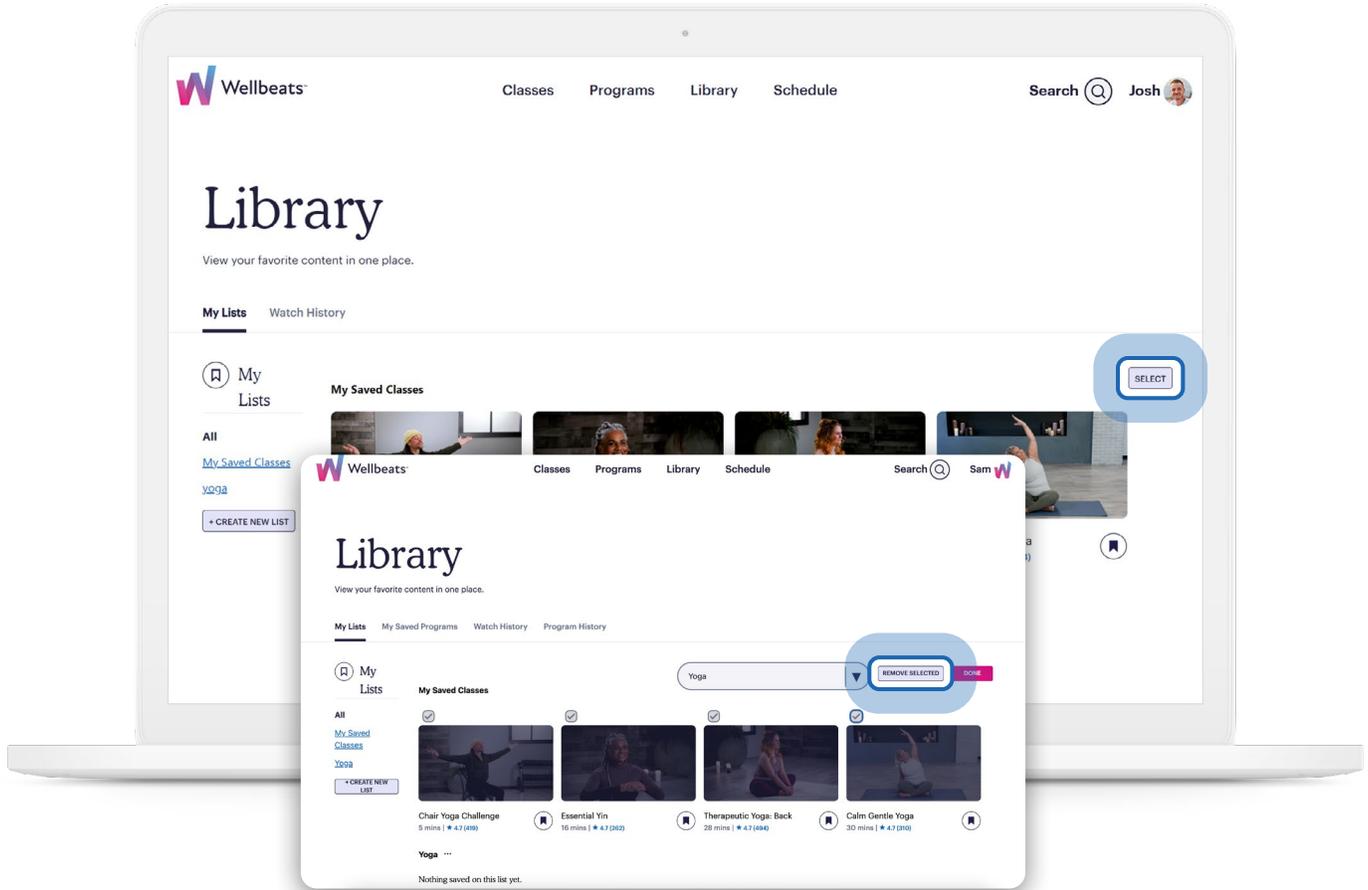


Once your custom list is created, you can move any saved class to the list:

Go to **Select**, then select the saved class(es) you would like to move to a list. Under the **Move to** dropdown menu, select the list you would like to move the class(es) to, then select **Done**.



To remove a class from a list, go to **Select**, choose the class you would like removed, then select **Remove Selected**.



To delete a list, select the ... next to the list name, then select **Delete List**.

