How to Stream Wellbeats on a Phone or Tablet

Want to play a quick home workout? Try a new recipe? Play a meditation video? Access 500+ workouts, nutrition education, and mindfulness exercises right at your fingertips.

Here is how to stream Wellbeats on your phone or tablet.

1. Locate and select the App Store icon on your phone or tablet.
   - iOS
   - Android
   - Windows

2. In the search bar, type in Wellbeats
   - Select Wellbeats, then select Install or Get

3. Once signed in, you can start playing classes!
   - (You may be prompted to create your account and fill out a Fitness Profile Questionnaire if you're logging in for the first time)

4. Once the app is downloaded, select Open

5. Select Login, then enter in your username and password.
   - (If you received an invitation or promo code, select Register Via Code instead and enter your code)

If you experience any trouble with your login credentials or need tech support, please contact our support team at support@wellbeats.com.