How to Stream Wellbeats on a Laptop

Want to play a quick home workout? Try a new recipe? Play a meditation video? Access 500+ workouts, nutrition education, and mindfulness exercises right at your fingertips.

Here is how to stream Wellbeats on your laptop


2. Select Login, then enter in your username and password. (If you received an invitation or promo code, select Register Via Code instead and enter your code)

3. Once signed in, you can start playing classes! (You may be prompted to create your account and fill out a Fitness Profile Questionnaire if logging in for the first time)

Recommended Web Browsers:

- Google Chrome
- Mozilla Firefox
- Apple Safari
- Edge

To ensure highest performance and security, please ensure your preferred browser is up-to-date.

If you experience any trouble, please try the following:

- Clear your internet browser’s cache
- Restart your internet browser
- Disable extensions in your internet browser
- Try a different internet browser

For additional help you can also contact our support team at support@wellbeats.com. Please provide the browsers you’ve tried, their version numbers, and screenshots if possible.